



Headteacher: Mrs S Robinson B.A.(Ed) M.Ed. NPQH

39 Davy Street  
Liverpool L5 1XP  
Telephone: (0151) 263 4038  
Fax: (0151) 260 7257  
Email: [office@fouroaksprimary.com](mailto:office@fouroaksprimary.com)  
Website: [www.fouroaksprimary.co.uk](http://www.fouroaksprimary.co.uk)

27/01/26

Dear Parents/Carers,

## COFFEE MORNING

Would you like to know more about how Mental Health Support Teams (MHST) can support your children?

If so, please come along to an informal coffee morning on **Tuesday 10<sup>th</sup> February at 9:00** to meet Sofina Ahmed, our Education Mental Health Practitioner, from Alder Hey's Mental Health Support Team. Sofina will explain more about the service and her role, which includes whole school approaches to mental health/emotional wellbeing. This includes supporting areas such as worry/anxiety and positive support for children's behaviours.

We look forward to seeing you.

Yours sincerely,

Mrs Carroll  
Wellbeing Lead



Artsmark  
Silver Award  
Awarded by Arts  
Council England

