

# Emotions - Workshop

**Dates:** 25<sup>th</sup> March 2026  
**Time -** 1pm – 2.30pm  
**Venue -** Zoom - Virtual  
**Provider -** Liverpool ASD Training team  
**Contact -** [asdtrainingteam@liverpool.gov.uk](mailto:asdtrainingteam@liverpool.gov.uk)  
**Cost -** free

**Target audience -** Parents/Carer who have attended a course to understand social communication/social behaviour or an ASD course.

Who wish to gain a better understanding of the impact ASD it may have on their child's emotions - year 1 - year 6.

**Aims:** After attending this training session you will have:

- A better understanding of what may affect your child emotions
- How to support their understanding of their own emotions and other peoples.
- Apply a range of strategies to help support your child's understanding and how they can manage their emotions.
- Building you child's Resilience

**To book your places email:**

[asdtrainingteam@liverpool.gov.uk](mailto:asdtrainingteam@liverpool.gov.uk)

Please state what workshop and date/time you wish to book.

